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CBD-Rich Hemp Oil: Cannabis Medicine Is Back



Synopsis

Prior to the outlawing of cannabis in 1937, major pharmaceutical companies produced a wide variety of cannabis-based medicines, but cannabis has actually been used as a medicine for thousands of years. Although it has a long history, the recent discovery (1992) of the body's widespread endocannabinoid system (ECS) has thrust cannabis back into the limelight again as a viable medicine. In 2012 over 2.5 million prescriptions were written for medical marijuana in the United States. CBD and THC are both cannabinoids found in cannabis. However, while THC produces a "high" in the user, CBD does not. And now legal CBD-rich hemp oil is available over-the-counter in all 50 states, without a prescription. It was discovered that the Hemp Family of plants (cannabis, marijuana) is loaded with cannabinoids that stimulate our ECS receptor sites. These sites are found in the brain, organs, glands, connective tissue and immune cells and plays regulatory roles in many physiological processes including appetite, pain-sensation, mood and memory. The primary purpose of this system revolves around maintaining balance in the body. Cannabinoids found in all varieties of cannabis work in harmony with the cannabinoids we naturally produce when our system is functioning properly. It is now coming to light that we may very well be "Endocannabinoid Deficient" and supplementing with Cannabidiol, known as CBD, may provide just what we're missing to restore optimum health. The health benefits of cannabidiol (CBD) from natural hemp oil is this book's primary focus. It explores the similarities, differences, uses and benefits of hemp, cannabis and medical marijuana along with the interplay of THC and CBD. Their 480 other components are also discussed, such as terpenoids, flavonoids, enzymes, vitamins, etc. Make no mistake about it, the endocannabinoid system, although newly discovered, is just as important as any other bodily system, like the muscular, cardiac, circulatory or digestive system. The ECS requires its own specialized medicine as found in the Hemp Family of plants, which is also known as cannabis, and which includes all strains of marijuana. Here is a list of conditions known and/or being researched that may be helped by cannabinoid therapeutics and supplementation: Acne, ADD/ADHD, Addiction, AIDS, ALS (Lou Gehrig's Disease), Alzheimer's, Anorexia, Antibiotic Resistance, Anxiety, Atherosclerosis, Arthritis, Asthma, Autism, Bipolar, Cancer, Colitis/Crohn's, Depression, Diabetes, Endocrine Disorders, Epilepsy/Seizure, Fibromyalgia, Glaucoma, Heart Disease, Huntington's, Inflammation, Irritable Bowel, Kidney Disease, Liver Disease, Metabolic Syndrome, Migraine, Mood Disorders, Motion Sickness, Multiple Sclerosis, Nausea, Neurodegeneration, Neuropathic Pain, Obesity, OCD, Osteoporosis, Parkinson's, Prion/Mad Cow.

DiseasePTSDRheumatismSchizophreniaSickle Cell AnemiaSkin ConditionsSleep DisordersSpinal Cord InjuryStressStroke/TBIThe short story? You have an Endo-Cannabinoid System (ECS). It helps regulate many bodily systems. Mother's milk has endo-cannabinoids and you produce your own, or not. You could be suffering from clinical Endo-Cannabinoid Deficiency Syndrome (CEDS). The Hemp family of plants is the only other source of cannabinoids. One cannabinoid, CBD, just may be the greatest dietary supplement of our lifetime. 10% of the proceeds from sales of this book will be donated to the American Cannabis Nurses Association in an effort to bring together nurses, to share, integrate and one day certify nurses in the science of endocannabinoid therapeutics in nursing practice.

Book Information

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Customer Reviews

I just spent several days online researching medicinal uses of CBD/hemp oil. I read articles, explored websites, perused product information from various hemp oil producers and queried folks on facebook. But the more I read, the more confused I became. I knew that I wanted to try hemp oil. I had heard about the many health benefits of CBD and was hopeful that it might provide some relief for my chronic Fibromyalgia and Arthritis pain. But I couldn't find information on dosage or explanations of the uses of the various forms (drops, capsules, creams, etc.). But thankfully, while

reading conflicting reviews of different CBD products on , I came across this book. Hooray! I immediately downloaded it and was able to read it in a little over an hour. The book has just enough scientific and medical info to explain how and why CBD works as medicine; this gave me confidence that hemp oil is not just a fad, placebo or snake oil. Much of the research cited is from US government studies as well as universities (and there are plenty of citations and footnotes for those who want to go to the source). The author is clearly very well educated on the subject, and his experience in nursing and drug counseling are a real plus, adding to my confidence. It's less of a "how-to" and more of a "why not?", if that makes sense. The author was careful not to prescribe; he didn't tell me how much CBD I should take. But he did give examples of the range of dosages used by people and suggests that it's a good idea to go "low and slow"; start at a low dose and increase slowly, preferable under a doctor's supervision. I now feel informed and confident enough to go forward and try this new/ancient medicine! To the author: Bravo!

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